

DR ANGELOS GREGORIOU BMedSci BMBS MRCP (Neurology)

Dr Angelos Gregoriou BMedSci BMBS MRCP (Neurology) is a UK-trained Neurologist, former Consultant and Head of the Epilepsy Department at the Royal Derby Hospital, East Midlands. In 2013 he attended the Cleveland Clinic Epilepsy and Neurophysiology Observership course in Ohio, USA, where he developed a specialist interest in the management of Epilepsy and related conditions. Upon his appointment at the Royal Derby Hospital he was instrumental in the setting up of the First Seizure Clinic, which allowed fast and easy access of newly diagnosed patients to medical care by Specialists according to the NICE (National Institute of Clinical Excellence) Guidelines.

As Head of the Epilepsy Department he was responsible for handling complex cases and developed protocols for the management of epilepsy in pregnancy, for the smooth hand over of adolescent epileptic patients to adult medical care and for the holistic care of epileptic patients with challenging behaviour and learning disabilities. In co-operation with the Neurophysiology Department Dr Gregoriou set up the Video Electroencephalography (EEG) Telemetry Unit, which is crucial in the diagnosis of epileptic and non epileptic attacks, and in the clarification of sleep related attacks.

Dr Gregoriou's further interests in Neurology include the management of stroke cases, headache disorders, movement disorders including Parkinson's disease, neuro-inflammatory disorders including Multiple Sclerosis and degenerative neurological conditions, including neuromuscular and cognitive disorders like Motor Neuron Disease and Alzheimer's disease. He has experience in administering botulinum toxin injections for the symptomatic treatment of chronic migraine and dystonic conditions, including blepharospasm, hemifacial spasm and neck dystonia.

EDUCATION

September – December 2013: Cleveland Clinic Epilepsy and Neurophysiology Observership Course (Ohio, USA)

July 2003 – July 2005: University of Nottingham, U.K., Bachelor of Medicine Bachelor of Surgery (BMBS)

September 2000 – July 2003: University of Nottingham, U.K., Bachelor of Medical Sciences (Thesis on Neuro-immunology)

ELECTIVE PERIOD DURING UNIVERSITY DEGREE

April 2005 – June 2005: Worked under the tutorship of Professor Mylonas at the Neurology Department of the AHEPA hospital in Thessaloniki, Greece. Gained experience in the treatment of acute and chronic neurological disorders.

EMPLOYMENT

January 2016-Currently: Consultant Neurologist at the Aretaeio Hospital, Nicosia, Cyprus

January 2014-December 2015: Consultant Neurologist and Head of the Epilepsy Department. Employer: Royal Derby Hospitals

August 2009-August 2013: Specialist Trainee in Neurology. Employer: Nottingham University Hospitals

August 2008-July 2009: Specialist Trainee Year Two in Core Medical Training (Neurology - CMTN). Quarterly attachments in Psychiatry, Stroke Medicine and Neurology. Employer: Nottingham University Hospitals

August 2007-July 2008: Specialist Trainee Year One in Core Medical Training (Neurology - CMTN). Quarterly attachments in Neurology, Neurosurgery and General Medicine. Employer: Nottingham University Hospitals

August 2006-July 2007: Foundation Year Two Trainee in Respiratory Medicine, Paediatrics and Cardiothoracic Surgery. Employer: Nottingham University Hospitals

August 2005-July 2006: Foundation Year One Trainee in Ophthalmology, Diabetes and Endocrinology, and General and Vascular Surgery. Employer: Sherwood Forest Hospitals

June 2002-July 2002: The Cyprus Institute of Neurology and Genetics. Observation of the diagnosis and clinical management of neurological disorders. Time spent in the cytogenetics lab analysing samples for the diagnosis of genetic disorders

SELECTED PRESENTATIONS

2009-2013: Presentations at the weekly Neurology Grand Round, QMC on various topics including cerebral cavernous malformations, Horner's syndrome as a consequence of apical lung carcinoma, CADASIL, Arnold Chiari malformations, Tolosa-Hunt syndrome, clinical review of presentations of spinal dural arteriovenous fistulas, basilar artery occlusion syndromes, surgical management of meningiomas engulfing the venous sinus, and the neurological manifestations of POEMS syndrome. Regular involvement with presentations at the Morbidity & Mortality meetings.

April 2009: Critical analysis of the paper *Sex Differences in Incidence, Mortality and Survival in Individuals With Stroke in Scotland, 1986 to 2005*. Lewsey *et al*, Stroke 2009 (40); 1038-1043

October 2008: Presentation on cognitive impairment in schizophrenia at the East Midlands Psychiatry Regional meeting, QMC

November 2008: Presentation on Neurological Disorders at the Clinicopathological case meeting, QMC

March 2007: Critical analysis of the paper *Infections in the first 2 years of life and autism spectrum disorders* (*Pediatrics* January 2007) at the Paediatrics Journal Club, NCH

April 2006: Presentation contrasting retrospective studies on the cross-allergy incidence between penicillins and cephalosporins at the Clinical Governance Meeting of Sherwood Forest Hospitals

PROFESSIONAL COURSES AND EXAMS

June 2017 – 3rd Congress of the European Academy of Neurology (Amsterdam)

February 2017 – 10th Panhellenic Conference on Alzheimer's disease and Related Disorders (Thessaloniki)

September 2016 – ECTRIMS conference for Multiple Sclerosis (London)

May 2016 – Oxford Epilepsy Masterclass

May 2016 - Association of British Neurologists annual meeting (Brighton)

April 2016 – 10th Panhellenic Epilepsy Congress

June 2015 – Epilepsy and Anaesthesia: The Interface – 1day ILAE symposium (London)

May 2015 – Association of British Neurologists annual meeting (Harrogate)

March 2015: UCB Midlands Epilepsy Masterclass (Birmingham)

December 2014: Deep Brain Stimulation (DBS) Masterclass (Nottingham)

October 2014: Educational Supervisor Workshop (Lincoln)

July 2014: Certification in completion of the Vagal Nerve Stimulation Therapy Training Programme

July 2014: 11th European Congress on Epileptology (Stockholm)

June 2014: The ILAE Joint Meeting on the Neuropsychiatry of Epilepsy (London)

April 2014: Introduction to Good Clinical Practice Course (Sheffield)

January 2014: Epilepsy Futures V meeting (London)

January 2013: Nottingham University Hospitals Management Course

November 2012: 13th Annual Neurology Trainee Study Weekend

May 2012: Specialty Certificate Exam in Neurology

March 2012: Birmingham Movement Disorders Course

December 2011: 6th Cambridge Dementia Course

November 2011: 12th Annual Neurology Trainee Study Weekend

September 2011: 13th ILAE Specialist Registrar Teaching weekend in Epilepsy

March 2011: UK ILAE EEG course (Cambridge)

November 2010: The Birmingham Neuro-ophthalmology course

October 2010: 11th Annual UK Movement Disorders Meeting (London)

May 2010: 5th National Neuroscience conference: Recent advances in Epilepsy

July 2009: MRCP Part II (PACES)

AUDITS

September 2015: Audit on the referrals and clarification of diagnosis of patients attending the newly established adult in-patient Video EEG telemetry service at the Royal Derby Hospital.

February 2015: Audit on the diagnosis, investigation and initial management of patients seen in the first seizure clinic.

August 2013: Audit on the use and monitoring of natalizumab in relapsing-remitting multiple sclerosis.

November 2012: Audit on the adherence to the neurology protocol for patients presenting to the Emergency Department with their first seizure or known epileptic syndrome.

August 2010: Audit on the demographics and management of patients with epilepsy presenting to the emergency department (May-June 2009).

November 2008: Audit on the implementation of NICE Guidelines in the follow-up of depressive illness requiring hospitalisation.

March 2007: Audit on the comparison of length of stay of less than one year-old babies diagnosed with bronchiolitis in the two paediatric departments in Nottingham.

RESEARCH AND ADDITIONAL SKILLS

Research/Trials:

January 2014-December 2015: Principal Investigator (PI) at the Royal Derby Hospital of the national SANAD II (Standard And New Antiepileptic Drugs) trial on the effectiveness of antiepileptic medications.

2011: Assisted in sample taking (needle quadriceps biopsy) for muscle mRNA transcription profiling in Myotonic Dystrophy patients (in collaboration with Prof David Brook – genetics department).

2002-2003: Bachelor of medical sciences degree in immunology. The main part of the study was concentrated on examining the effects of growth factors and cytokines in altering the outcome of differentiation of pluripotent haematopoietic stem cell lines.

Teaching: Involved in theory-based, clinical examination (including formal neurological clinical exams) and practical (e.g. lumbar puncture training) teaching of medical students and trainee doctors, including a 6-month period dedicated to undergraduate (3rd and 5th year) student teaching.

I.T Literacy: Comfortable working knowledge of Microsoft Office (Word, Excel and Powerpoint).

Languages: Fluent written and spoken Greek (native) and English, conversational German and

Spanish.

MEMBERSHIP OF PROFESSIONAL BODIES

Association of British Neurologists

International League Against Epilepsy (ILAE) – United Kingdom Chapter

Panyprian Medical Association

Cyprus Neurological Society